



**Samaritan
Health Plans**

InterCommunity Health Network Coordinated Care
Organization
Samaritan Advantage Health Plans (HMO)
Samaritan Choice Plans
Samaritan Employer Group Plans

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| Physical health clinical practice guideline name: | <i>Osteoporosis diagnosis and treatment</i> |
| Original date approved by QMC: | 11/9/10 |
| Original date approved by UM Committee | 9/2025 SHP |
| Dates re-reviewed by UM Committee | |
| Dates re-reviewed by QMC: | 11/12 SHPO; 11/15 SHPO; 9/17 SHP; 11/19 SHP; 9/21 SHP; 9/23 SHP; 9/2025 SHP |

Guideline description:

This guideline is for physicians and other health care providers on the diagnosis and treatment of Osteoporosis.

References:

American Association of Clinical Endocrinologists/American College of Endocrinology
Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal
Osteoporosis—2020 Update

<https://www.sciencedirect.com/science/article/pii/S1530891X20428277>

The Bone Health and Osteoporosis Foundation. The clinician's guide to prevention and treatment of osteoporosis. Osteoporosis International (2022) 33:2049–2102.

[The clinician's guide to prevention and treatment of osteoporosis](#)

"These recommendations are designed to be guidelines but do not guarantee coverage by each plan. For coverage/benefit information please contact our member services department."