



**Samaritan  
Health Plans**

InterCommunity Health Network Coordinated Care  
Organization  
Samaritan Advantage Health Plans (HMO)  
Samaritan Choice Plans  
Samaritan Employer Group Plans

<b>Physical health clinical practice guideline name:</b>	<i>Tobacco Cessation</i>
<b>Original date approved by QMC:</b>	07/02 IHN
<b>Original date approved by UM Committee</b>	9/2025 SHP
<b>Dates re-reviewed by UM Committee</b>	
<b>Dates re-reviewed by QMC:</b>	11/04 IHN; 5/06 Logo Change; 9/06 SHPO; 1/07 SHPO; 6/09 SHPO; 7/11 SHPO; 7/13 SHPO; 3/17 SHPO; 11/19 SHP; 9/21 SHP; 9/23 SHP; 9/2025 SHP

#### **Guideline description:**

These guidelines describe counseling and interventions for tobacco cessation in adults, including pregnant persons and adolescents.

#### **Reference:**

Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions. U.S. Preventive Services Task Force Recommendation Statement. January 2021.

[Recommendation: Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-smoking-cessation-in-adults-including-pregnant-persons-interventions)

Tobacco Use in Children and Adolescents: Primary Care Interventions. Final Recommendation Statement. April 2020.

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-and-nicotine-use-prevention-in-children-and-adolescents-primary-care-interventions#fullrecommendationstart>

A Practical Guide to Help Your Patients Quit Using Tobacco. Centers for Disease Control and Prevention

[A Practical Guide to Help Your Patients Quit Using Tobacco \(cdc.gov\)](https://www.cdc.gov/tobacco/quittingnow/practical-guide-to-help-your-patients-quit-using-tobacco)

American College of Cardiology 2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment

<https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027>

*"These recommendations are designed to be guidelines but do not guarantee coverage by each plan. For coverage/benefit information please contact our member services department."*