



**Samaritan
Health Plans**

InterCommunity Health Network Coordinated Care
Organization
Samaritan Advantage Health Plans (HMO)
Samaritan Choice Plans
Samaritan Employer Group Plans

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| Physical health clinical practice guideline name: | Hypertension |
| Original date approved by QMC: | 3/21 SHP |
| Original date approved by UM Committee: | 4/25 SHP |
| Dates re-reviewed by UM Committee: | |
| Dates re-reviewed by QMC: | 3/23 SHP; 5/25 SHP |

Guideline description:

This guideline is for health care providers regarding the prevention, detection, evaluation, and management of high blood pressure in adults.

Reference:

2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines

<https://www.ahajournals.org/doi/epub/10.1161/HYP.000000000000065>

"These recommendations are designed to be guidelines but do not guarantee coverage by each plan. For coverage/benefit information please contact our Customer Service department."