

Over-the-counter drug list

Samaritan Advantage Health Plans (HMO)



Samaritan
Health Plans

Benefit information

- Your benefits MasterCard® is an easy way to pay for over-the-counter, or OTC items.
 - Your card will be reloaded at the start of each quarter.
 - Quarters are Jan. 1 to March 31, April 1 to June 30, July 1 to Sept. 30 and Oct. 1 to Dec. 31.
 - OTC items can be bought at most pharmacies, stores or online stores that take MasterCard®. Some common stores in your area are Bi-Mart, Walmart, Fred Meyer and Rite Aid. You can visit sig-is.org/card-holders/store-locator to find a store near you.
 - Examples of covered OTC items are listed in the chart below. These can be purchased from most stores, pharmacies and online stores. It is not a full list.
 - OTC items can also be bought at the online OTC store at samaritanOTC.com. You pay for all items on this website with your benefits MasterCard. You can pay for them online, by mail or by phone.

Go to samhealthplans.org/AdvantageBenefits to see the OTC catalog. You can also call Customer Service if you need a copy mailed to you.
 - Some items may not be covered in-store. Have you paid out-of-pocket for an item you think should be covered? You can ask to be paid back. Fill out a Reimbursement for Benefit Card Expenses form. The form can be found on our website at samhealthplans.org/AdvantageMemberForms. You can also call Customer Service if you need a form mailed to you.
 - The items listed below are called “dual-purpose”. They cannot be bought in-store. The Center for Medicare & Medicaid Services has rules we must follow. You can buy dual-purpose items at samaritanOTC.com.
-

Covered OTC items:

Please note: brand name items may pay better in-store. For a store to pay on generic and store-brand items, they need a current system that shows generics and store-brand items are covered.

Acne treatment: Clearasil, OXY.

Allergy and antihistamines: Alavert, Allegra, Ayr, Benadryl, Claritin, Flonase, Sudafed, Zyrtec.

Analgesics and antipyretics (pain relievers): Aspercreme, Aspirin, Advil, Aleve, Ben-Gay, Icy Hot, Midol, Tylenol.

Antacids and acid reducers: Gas-X, Maalox, Phillips Milk of Magnesia, Mylanta, Omeprazole**, Pepcid AC, Prilosec, Tagamet HB, Tums, Zantac.

Anti-arthritic: Glucosamine Joint/Muscle, glucosamine/chondroitin.

Antibiotics (topical): Bacitracin, Neosporin, triple antibiotic ointment.

Anticandidal (yeast): Lotrimin**, Miconazole 3-Day Treatment, Monistat, Vagisil.

Anti-diarrheal and laxatives: Dulcolax, Ex-Lax, Imodium, Kaopectate, Loperamide HCL**, Miralax, Normalyte, Pepto-Bismol, Senna Plus.

Anti-fungal: Lamisil, Lotrimin, Terbinafine HCL.

Anti-gas: Gas-X, Phazyme.

Anti-itch lotions and creams: Caladryl, Calamine, Cortaid, hydrocortisone, Sarna.

Antiparasitic treatments: Nix, Rid, lice treatments.

Antiseptics and wound cleansers: Betadine, Epsom salt, Hibiclens, peroxide, rubbing alcohol.

Cough: Advil Cold and Sinus, Afrin, Alka-Seltzer Cold and Flu, Aleve Cold and Sinus, Cepacol, Cold-Eeze, Dayquil, Diabetic Tussin, Halls cough drops, nasal sprays, Nyquil, Robitussin, Theraflu, Triaminic, Tylenol Cold and Flu, Vicks, Vicks Vapor Rub, Zicam.

Cold sore remedies: Abreva, Herpecin, Orajel.

Contact lens supplies: cleaning and soaking solutions.

COVID-19 related items: 3M Daily Face Mask, Germ-X, home test kits, Purell.

Dental and denture care: Anbesol, Benzodent, Fixodent, Orajel, Poligrip.

Ear care: Debrox, medicated ear drops, Similasan.

Eye care: Artificial Tears, Clear Eyes Drops, Refresh Tears, Visine.

Fiber supplements: Benefiber, Fibercon, Metamucil.

First aid burn remedies: Dermoplast, Solarcaine.

First aid dressings and supplies: 3M Nexcare*, Band Aid*, J&J First Aid, Simply Saline Wound Wash.

First aid wound and skin protectants: Aquaphor healing ointment, Bactine, Vaseline Healing Petroleum Jelly.

Foot care: corn and callus treatments, wart removers.

Hemorrhoidal: Preparation H, Tucks.

Incontinence supplies: diapers, pads, A&D Ointment, barrier cream, incontinence briefs, under pads.

Motion sickness: Dramamine, Bonine.

Skin treatments: Dermarest Eczema, Psoriasin.

Sleep aids: Nytol, Sominex, Tylenol PM, Unisom.

Smoking cessation: Nicoderm, Nicorette.

* May be covered under Medicare Part B

** May be covered under Medicare Part D

Dual-purpose OTC items:

Items used for health and those not health-related are “dual-purpose.” You must buy these items at the OTC store at [samaritanOTC.com](https://www.samaritanOTC.com) with your benefits MasterCard. The catalog for the OTC store is found online at [samhealthplans.org/AdvantageBenefits](https://www.samhealthplans.org/AdvantageBenefits). You can also call Customer Service if you need a copy mailed to you.

Digestive aids: lactase, simethicone (gas relief).

Home diagnostics: equipment to monitor blood pressure, heart rate monitor, finger pulse oximeter.

Home health care: bathroom supports.

Hormone replacement: phytoestrogen, natural progesterone, DHEA.

Support items: ankle support, arthritis gloves, back support, carpal tunnel brace, compression hosiery, elbow support, heel and elbow protector, hip protector, knee supports, protective arm sleeve, rib belts, thumb brace, wrist compression, wrist splint, wrist support.

Vitamins and minerals: beta carotene, biotin, calcium, calcium-vitamin D, cod liver oil, coenzyme Q10, daily multivitamin, daily multiple w/minerals, ferrous gluconate, ferrous sulfate, fish oil, flax seed, folic acid, glucosamine, glucosamine/chondroitin, healthy eyes with immune support gummies, lutein, magnesium, magnesium oxide, melatonin, niacin, omegas, potassium gluconate, prenatal vitamins, tumeric, vitamin A, vitamin B-complex, vitamin B-1, vitamin B-6, vitamin B-12, vitamin C, vitamin D, vitamin E, zinc.

Non-covered OTC items:

CMS does not believe these items have “health benefits” and are not covered.

Alternative medicines: homeopathic and alternative medicines including botanicals, herbals, probiotics and nutraceuticals.

Baby items: diapers, formula.

Botanicals/herbals: ashwaganda root, billberry extract, bitter orange, black cohosh, cinnamon, cranberry, dong quai, echinacea, elderberry, eleutherococcus senticosus, ephedra, evening primrose oil, Estroven, fenugreek, feverfew, garcinia cambogia, garlic, ginkgo, ginseng, goldenseal, grape seed extract, green tea extract, guarana, gum guggul, hawthorn, horny goat weed, kava kava, lecithin, milk thistle, Noni-juice prostate support tablets, saw palmetto, soy, St. John’s wart, usnea lichen, valerian root, vinpocetine.

Contraceptives: birth control pills, spermicide, prophylactics.

Convenience and comfort: bathroom scales, fans, magnifying glasses, ear plugs, insoles, arch supports, gloves, feminine hygiene products.

Cosmetics: collagen, mouthwashes, bad breath remedies, deodorants, lip soothers, grooming devices, skin moisturizers/lotions, teeth-whiteners, shampoo, chapstick/lip balm, cleansers or soaps, fingernail polish, face cream, hair color/hair products, perfumes.

Food product or supplements: sugar/salt supplements, energy bars, liquid energizers, protein bars, power drinks.

Non-covered OTC items (continued):

Nutraceuticals: cannabidiol (CBD oil and CBD oil-containing products), caffeine supplements, castor oil, chromium picolinate, conjugated linoleic acid, Deeper Greens, l-lysine, lysine, l-methylfolate, MSM without glucosamine, quercetin, selenium.

Replacement items, attachments, peripherals: hearing aid batteries, contact-lens containers, etc., when not factory packaged with the original item.



2300 NW Walnut Blvd., Corvallis, OR 97330
541-768-4550, toll free 800-832-4580 (TTY 800-735-2900)

[samhealthplans.org](https://www.samhealthplans.org)

You can get this document in another language, format, large print or ask for an interpreter at no cost to you. Please call us at 800-832-4580 (TTY 800-735-2900) to request a copy of this document or an interpreter.

Puede obtener este documento en otro idioma, otro formato o en letra grande o pedir un intérprete sin costo alguno para usted. Llámenos al 800-832-4580 (TTY 800-735-2900) para pedir una copia de este documento o un intérprete.